



## RefugeeRISE AmeriCorps Program SMART Goal Template

<b>Goal</b>		
<b>Specific</b>	<ul style="list-style-type: none"> <li>• What do I want to accomplish?</li> <li>• Who is involved?</li> <li>• Where?</li> <li>• Why? --purpose or benefits of accomplishing the goal.</li> <li>• What are your barriers?</li> </ul>	
<b>Measureable</b>	<ul style="list-style-type: none"> <li>• How will I measure progress?</li> <li>• How will I know I am done?</li> </ul>	
<b>Attainable</b>	<ul style="list-style-type: none"> <li>• How can the goal be accomplished?</li> <li>• What are the steps to the plan?</li> </ul>	
<b>Reasonable</b>	<ul style="list-style-type: none"> <li>• Is this worthwhile?</li> <li>• Is this the right time?</li> <li>• Do I have the resources to finish my goal?</li> </ul>	
<b>Timely</b>	<ul style="list-style-type: none"> <li>• How long will it take?</li> <li>• When am I going to work on this goal?</li> </ul>	